



Babysitter Bath Time What to Bring for Infant/Toddler

- A clean washcloth.
- Clean diapers.
- An infant tub.
- A non-slip pad or foam tub insert.
- A set of clean clothes or pajamas.
- A bathtub spout cover.
- A variety of fun bath toys.
- A bath or baby thermometer (optional.)
- Kid-friendly soap and shampoo (mild and unscented.)
- Your phone (for emergencies only.)
- Several towels (soft and fluffy hooded towels for babies.)
- Any lotions, diaper rash creams, or similar skin products that the parents ask you to use.
- A large plastic cup to rinse the shampoo out of their hair.
- Sanitized cotton balls (for cleaning around baby's eyes.)
- Slippers and robe (especially in cold climates.)
- A comb or soft brush, especially for infants with cradle cap.
- Underwear for potty-trained toddlers.



How to Get Kids into the Bath

1. Offer Lots of Toys
2. Make A Bubble Bath
3. Let Them Know When Bath Time Will Start and Stop
4. Give The Option To Shower Instead
5. Have A Towel Ready, and Turn The Temperature Up
6. Turn Bath Time Into Pool Time
7. Try A Sponge Bath
8. Add A Splash of Color
9. Change Up The Schedule
10. Have a Glow Stick bath
11. Join Them in the bath!



Common Reasons Why Kids Don't Want a Bath

1. They Don't Want To Give Up What They're Doing
2. They're Afraid of Getting Sucked Down The Drain
3. They're Afraid of Bedtime
4. They're Afraid of Getting Soap In Their Eyes
5. They're Afraid of Bath Sensations
6. They're Afraid of Slipping In The Bath
7. They're Afraid of Pooping In The Tub