



# Babysitting Emergency Contacts For the UK

Emergency number: 999

## Poison Control:

The UK doesn't have a poison control number. If the child you're babysitting has ingested something doesn't appear to be very sick, you can call NHS on 111 for advice. 111 gives help for urgent medical problems where you aren't sure what to do, but that you don't think warrants calling an ambulance.

However, if they're showing signs of losing consciousness, seizures, vomiting or otherwise very ill, you should call 999 to request an ambulance instead.

## Non-Emergency Numbers

You can call 101 to report crimes that you don't consider an emergency. You can also use 101 to give information to police or make an inquiry. Alternatively, you can search online by postcode for your local neighborhood policing team and contact them that way.