

How to Change a Diaper




kidsit.com/diaper-changing

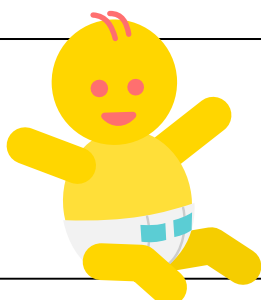


Checklist

- A safe & clean place to change the baby
- A distractor 
- Diapers 
- Baby wipes 
- Diaper cream or ointment 
- A bin to put dirty diapers in

Quick Tips

-  Never change a baby on any surface where you eat or prepare food.
-  Pat instead of scrub when drying out an infant's bottom
-  Only use wipes and soaps in a baby's diaper region that are made specifically for babies.



Q Kidsit Babysitting Guides



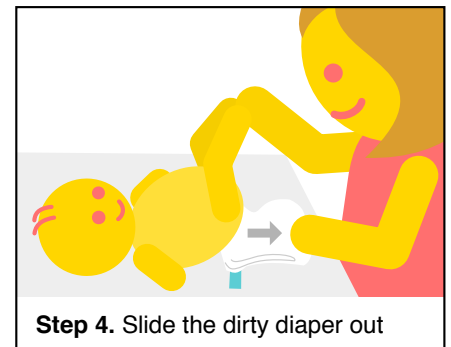
Step 1. Get a clean diaper ready



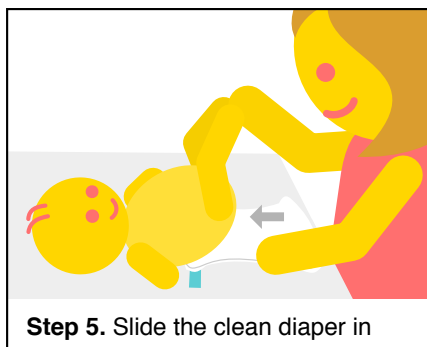
Step 2. Undo the baby's dirty diaper



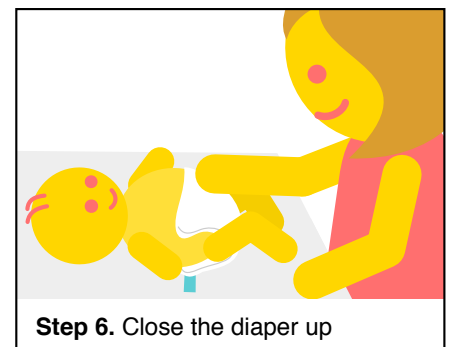
Step 3. Wipe the baby



Step 4. Slide the dirty diaper out



Step 5. Slide the clean diaper in



Step 6. Close the diaper up



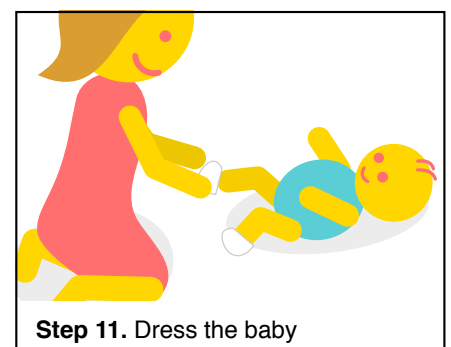
Step 7. Adjust the diaper for fit



Step 8. Clean up



Step 10. Wash your hands



Step 11. Dress the baby