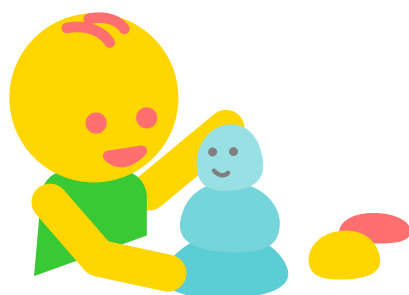




Recipe



Playdough Recipe

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Equipment



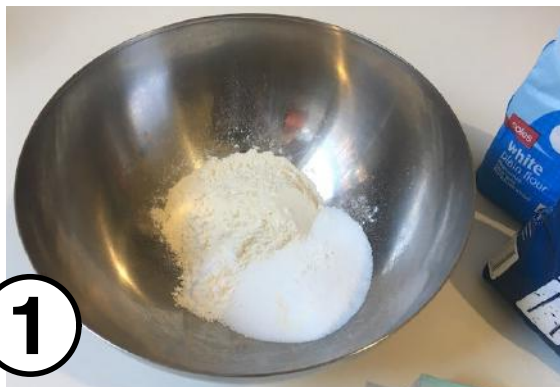
- Kettle
- Large bowl
- Wooden spoon
- Mug

Ingredients



- Plain flour 1 cup
- Salt 1/4 cup
- Cream of Tatar 1 tablespoon
- Half cup of boiling water
- Oil 1 tablespoon
- Food coloring (optional)

Method



1 Add flour, salt & cream of tartar to a bowl



2 Combine boiling water, food coloring, and oil in a mug then add to the dry mixture



3 Mix with a wooden spoon until cool enough to knead with your hands



4 **You're done!**
Let the playdough games begin

Advanced Playdough Recipes

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Glitter playdough

Add sparkles to your playdough by adding glitter!

Experiment with different colors of glitter with different colors of playdough.

Things that are shiny or sparkly are perfect to make with glitter playdough, here are some fun suggestions to build:

- Mermaid
- Magic wand
- Dragon
- Christmas tree
- Easter egg
- Unicorn
- Rainbow

Themed playdough

Playdough can enhance any occasion with batches made in themed color schemes.

here are some excellent examples:

- **Christmas:** Red, green, and white
- **Halloween:** Orange and black
- **USA:** Red, white and blue
- **Irish:** Light green and dark green
- **Pride rainbow colors:** red, orange, yellow, green, blue, indigo, violet
- **Winter:** blue, white
- **Autumn:** red, brown, orange, yellow

Also, try out the colors of your school or favorite sporting team.



Scented playdough

Add a few drops of essential oils, perfume, or spices to your playdough mixture to excite the sense of smell.

Here are some scents to try:

- Vanilla extract
- Eucalyptus
- Pumpkin spice
- Cinnamon
- Cocoa powder
- Strawberry extract
- Lemon extract
- Essential oils

How to Store Playdough

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Follow these simple steps to store playdough for more than 3 months:

- ① Keep playdough in an air-tight container, ziplock bag, or wrapped in plastic.
- ② Store in a cool place out of direct sunlight.
- ③ If playdough becomes dry it can be saved by adding small amounts of water and kneading well.

Why does playdough need cream of tartar?

Cream of tartar is an essential ingredient for playdough because it creates a soft, stretchy texture that feels nice in your hands. It also works as a preservative in combination with added salt to keep the dough usable for months at a time.

Where can you get cream of tartar?

Cream of tartar can be found in the baking aisle of most supermarkets or you can buy it online at your favorite grocery retailer. It comes as a white powder in tubs, cans, bags, or boxes in a variety of sizes.

Can you make playdough without cream of tartar?

Playdough can be made without cream of tartar by substituting it with baking soda (bicarb soda) and by using self-raising flour instead of plain flour. However, the resulting dough will not last as long and it will have noticeably less elasticity and softness.

Why does playdough need salt?

Salt is a preservative that is added to playdough to make it last for months at a time. It also creates a smooth, elastic texture that prevents the dough from crumbling and stops creations from falling apart.

Why does playdough need oil?

The oil in playdough acts as a lubricant which makes the mixture less sticky, stretchier, and easy to mold in your hands. It also prevents the dough from drying out by slowing the escape of moisture.

Which oil is best for playdough?

Non-toxic oil is best for making playdough because it can be safely ingested by children. Examples of safe oils include vegetable oil, coconut oil, olive oil, sesame oil, and baby oil. Hair conditioner often contains toxic chemicals so it is not recommended as an oil substitute for playdough.

What is the best flour to make playdough?

Plain flour is best for making playdough when cream of tartar is used in the recipe, you can also use cornflour, rice flour, or all-purpose flour. Alternatively, you can use self-raising flour with baking soda (bicarb soda) but the resulting dough won't be as soft and won't last as long in storage.

Is playdough easy to make?

Playdough is easy to make and can take as little as 3 minutes from start to finish. You only need basic equipment and the ingredients can be found almost everywhere. Not only is it fun to play with, but making the dough is the perfect DIY activity to enjoy with kids.

Can kids eat playdough?

Playdough is not meant to be eaten but most varieties are non-toxic so small amounts are not considered harmful. Extra care to prevent ingestion is required when toxic ingredients are added such as glitter, essential oils, or hair conditioner, these are not recommended for young children.

How long does playdough last?

Homemade playdough can last more than 3 months if it is stored in an air-tight container or ziplock bag and kept in a cool place away from direct sunlight. If playdough becomes dry add small amounts of water and knead well to return it to the correct consistency and extend its life even further.

Why does playdough dry out?

Playdough dries out when it is exposed to air allowing the water content to evaporate from the dough over time. To prevent the loss of moisture, store it in an air-tight container or ziplock bag and keep it in a cool place away from direct sunlight.

How to make hard playdough soft again

To make hard or dry playdough soft again place it in a bowl and slowly add small amounts of water. Break up any lumps then work the water into the dough by kneading it together until everything returns to a uniform, soft consistency. Even the driest playdough can be saved in this way.

What age is best for playdough?

Playdough is not recommended for children younger than 2 years of age because it is a choking hazard. Store-bought playdough has an age recommendation of 2 years and up. If toxic ingredients are added such as glitter, essential oils, or hair conditioner then a minimum of 4 years is advised.

More info at: kidsit.com/playdough